

Aug 28, 2026

Dear Hiring Manager,

I am writing to express my interest in the Personal Trainer position at FitLife Gym. With a Bachelor of Science in Kinesiology and nine years of experience as a Fitness Coach, I am passionate about empowering individuals to achieve their health and wellness goals through personalized training and supportive community engagement.

My extensive background in personal training has equipped me with the skills necessary to assess fitness levels accurately and develop tailored workout programs. I pride myself on my ability to communicate effectively, ensuring that clients feel motivated and engaged during our sessions. My focus on client relations helps foster a positive environment that enhances retention and encourages progress.

At FitLife Gym, where inclusivity and personal growth are valued, I believe my adaptability in fast-paced settings will complement your team-oriented culture. Additionally, my knowledge of exercise physiology and nutrition enables me to provide holistic guidance that aligns well with your mission of promoting accessible fitness solutions for all.

Collaboration is essential in creating impactful fitness experiences, which resonates with my results-driven working style. I continuously seek opportunities for professional development so that I can better support clients on their journeys toward healthier lifestyles.

I am excited about the possibility of contributing to FitLife Gym's encouraging atmosphere while helping individuals thrive through fitness. Thank you for considering my application; I look forward to discussing how my background aligns with your vision.

Sincerely,

Min Kim